



# ÊTRE VOUS

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## The best no-downtime treatments according to the experts

Experts share their favourite aesthetic treatments that are no less effective, despite their gentle nature



By Amerley Ollennu



### BBL Hero

"Currently the most powerful laser on the market, this high energy rapid output (HERO) broadband light phototherapy (BBL) device delivers energy to both the top and middle layer of the skin, targeting [pigmentation](#), redness, lines, wrinkles, texture and laxity anywhere on the body. It's ideal for those with Fitzpatrick skin types I-V who want to wave goodbye to acne, hyperpigmentation, [redness](#), rosacea, freckles, age spots, scarring and more. This incredible laser also targets gene expression, restoring a more youthful expression to visibly turn back time on your skin. It takes is three-six sessions to make an impactful change, and because the skins' surface is not damaged, there is no downtime."

**Jenny Doyle, COO The Clinic, London, and part-time NHS Consultant**